

# SUGGESTED PACKING LIST

## AUSTRALIA

Please note that this is a general suggested packing list and is not all-inclusive. Each person should customise their list based on their own travel needs.

Temperatures may vary considerably throughout Australia (mountains versus coast and for day and night excursions) so we recommend wearing layers of clothing that can be removed and added to as required each day. In advance of your trip, we recommend you google the current weather conditions in the areas you are travelling to and consider the long range forecast at the time. [Weather in Australia](#)

### Travel Documents and Money:

- Passport and a paper copy carried separately
- Visas, if needed (check requirements for your route and country of origin)
- Plane tickets or e-ticket confirmation
- Travel insurance documents and contact information
- Personal itinerary with emergency contact numbers
- Cash (Australian \$) and credit or travel cards

### Clothing: (Dark and neutral colours are best for wildlife viewing)

(A note regarding layering, always consider three layers for cooler weather.

1) A breathable base layer to wick the sweat away from your skin

2) An insulating mid layer to retain your body heat

3) A protective outer layer to protect you from the elements )

- Raincoat or water-repellent jacket that can double as a windbreaker
- Warm sweater and/or fleece jacket
- Lightweight long pants
- Thicker pair of pants for cold days/nights
- Shorts or zip-off/convertible pants
- Long-sleeved shirts
- Short-sleeved shirts
- Lightweight long underwear
- Socks
- Underwear
- Pyjamas or nightgown
- Shoes (2 pair) – 1 pair should be comfortable for walking on rough terrain, such as lightweight hiking boots or well-padded athletic shoes
- Sandals or Slippers for inside
- Gloves – for night spotting and boat trips
- Warm hat – for night spotting and boat trips
- Wide brimmed shade hat
- Recommended: Multiple N95 masks for Covid precautions

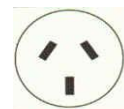
### Toiletries:

(Your guide will have sunscreen, insect repellent, hand sanitiser etc for the group to use)

- Shampoo, soap, toothpaste, toothbrush, lotion, etc.
- Sunscreen
- Lip balm with sunscreen
- Brush or comb
- Insect repellent
- Medications – more than enough prescription meds for the entire trip, plus any other medications you may need, such as seasick medication, epipen, pain relievers, etc.  
(Some international guests have been asked to show evidence of a doctor's prescription at customs for certain drugs)
- Small personal first-aid kit (Your guide will have a comprehensive kit with them also)

## Gear:

- Suitcase- preferably soft rather than rigid and within flight luggage restrictions  
It is often preferable that your suitcase is soft rather than hard shell, this allows bags to be fitted into the back of 4WD vehicles where space is at a premium. Hard shell suitcases with small plastic wheels (notoriously easy to break) can also be difficult to move across grass/gravel/dirt surfaces which you may be faced with on arrival at some of our more fabulous remote accommodations. You can purchase soft cases/duffel bags with a variety of straps and handles and sturdy wheels (sometimes detachable) that allow for maximum ease of carry no matter the terrain. Your guides will often kindly assist you with your bags, but please ensure that you have chosen a moderate size of bag and packed your bags only to a weight that you are able to transport and lift by yourself when necessary. (If you are travelling for longer than the length of the tour and need more gear, consider packing several smaller bags and we are often able to help you arrange leaving a bag at the start/end hotel for you to collect after the tour)
- Backpack and/or camera bag as carry-on and for your day-to-day items.
- Camera, lenses and flash - plus all charging cables required
- Extra memory cards, batteries, and battery charger
- Rain cover or plastic bags to protect gear
- Binoculars + lens wipes
- Electrical plug converter(s). Australia has a 220/240 volt 3 pin system
- Small flashlight (torch) and extra batteries/charging cord
- Reusable water bottle
- Sunglasses
- Prescription glasses or contacts and extra pair (if applicable)



## Additional optional items to consider:

- Rain pants
- Swimsuit
- Wearable fly net ( Some states of Australia may have flies at certain times of year. If you like to wear a net try to pick one that will not restrict your vision for birding. )
- Pre-moistened toiles/ Wet wipes
- Hand-washing enviro friendly laundry kit: large zip-lock bag and/or sink stopper that fits all sizes, cold water detergent, short piece of clothesline
- Washcloth (not always provided in hotels)
- Razor/multitool/pocket knife (Check in luggage only)
- Kleenex and/or handkerchief
- Reusable coffee cup
- Field guides and maps. (The guides will also have guidebooks/e-books)
- Journal, writing materials and addresses if sending postcards home
- Spotting scope. (The guide will have one for group use.)
- Waterproof bag for gear on any boat trips
- Tripod
- Alarm clock (if not on your phone )
- Digital storage device
- Favourite extra snacks to match your dietary requirements

We have forwarded all your dietary requirements to all the meal providers during the tour, however you are sometimes visiting remote locations with limited food availability. They always do their best to accommodate all allergies and dietary needs, but please do consider travelling with a few additional snacks if you are gluten free/ dairy free etc. Your guide will also have a snack box and are aware of everyone's requirements.

## General notes

- Many accommodations will have laundry facilities including if you are staying at an Inala cottage.
- Most accommodations have an iron if you wish to press any clothes, but it cannot be relied upon.
- On guided tours your guide will have sunscreen, insect repellent, hand sanitiser etc. if you do not wish to bring large containers with you.
- In all our tours we are doing our very best to minimise any waste, we greatly appreciate any reusable items you can bring with you such as water bottles to prevent plastic bottle use. On guided tours, your guide will always have a large container of water to help you refill during the day.

## RESPONSIBILITY

The above information is intended as a guide only. In no way do Inala Nature Tours claim to be the final word on medical matters, travel documents or other tour related subjects mentioned above. You are responsible for checking and verifying any and all passport, visa, vaccination, or other entry requirements of your destination(s) and all conditions regarding health, safety, security, political stability, and labour or civil unrest at such destination(s). You hereby release Inala -Bruny Island Pty Ltd trading as Inala Nature Tours from all claims arising out of any problem covered in this paragraph.

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